25 How to Grow a Plant

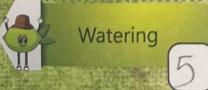
We share Earth with many living beings including plants. We can call plants our green friends. They give us a lot of things - food, medicine, wood, rubber and many others. They also give us oxygen to breathe.



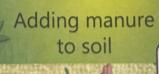
Do you know how to grow a plant from a seed? Arrange the following activities in















Bamboo is the fastest growing plant in the world. It can grow up to 35 inches in a day!





26 I Love Food

Friends! How much do you love food? Our food must contain fresh fruits and vegetables. Vegetables contain a lot of fibre, vitamins and minerals. Consuming vegetables daily protects us from infections and diseases.



A. Find the names of given vegetables in the following word grid and mark them. Also write them in the given space. One has been done for you.









1. CAPSICUM

BROCCOLI

LETTUCE

CABBAGE











PUMPKIN.

BEANS

SPINACH

PEAS

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